

Supplement Facts

Serving Size 1 scoop (26.2 g)
Servings Per Container 30

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Calories	80	Selenium	25 mcg 36%
Total Carbohydrates	7 g 2%*	Copper	0.3 mg 15%
Dietary Fiber	3 g 12%*	Manganese	2 mg 100%
Sugars	0 g †	Chromium	300 mcg 250%
Protein	13 g †	Molybdenum	4 mcg 5%
Vitamin A	460 IU 9%	Sodium	15 mg 1%
Vitamin C	1000 mg 1667%		
Vitamin D	2000 IU 500%	Proprietary Blend	10.6 g †
Vitamin E	200 IU 667%	L-Arginine, Glucosamine (not from shellfish),	
Thiamin	15 mg 1000%	MSM (methylsulfonylmethane), Betaine, L-Proline,	
Riboflavin	15 mg 882%	Pomegranate (Punica granatum L.), powdered (fruit),	
Niacin	60 mg 300%	L-Theanine, Acetyl-L-Carnitine Hydrochloride, Inositol,	
Vitamin B6	50 mg 2500%	Flax, powdered (seed), Coenzyme Q10, L-Citrulline,	
Vitamin B12	50 mcg 833%	Aloe Vera (Aloe barbadensis), dried (Leaf), Alpha	
Pantothenic acid	55 mg 550%	Lipoic Acid, Monk Fruit (Momordica grosvenori) (fruit),	
Calcium	800 mg 80%	Digestive Enzymes Blend (Amylase, Bromelain,	
Iron	2 mg 11%	Lactase, Cellulase, Lipase), L-Taurine, Grape Seed	
Magnesium	435 mg 109%	powdered extract (95% OPC), Policosanol, Boron	
Zinc	5 mg 33%	(as Triboron Citrate).	

*Percent Daily Values are based on a 2,000 Calorie diet.
†Daily Value not established.

INGREDIENTS: L-ARGININE HYDROCHLORIDE, COCOA POWDER (COCOA, WITH ALKALI), DICALCIUM MALATE, DIMAGNESIUM MALATE, VITAMIN AND MINERAL BLEND (ASCORBIC ACID, INOSITOL HEXANICOTINATE, PYRIDOXINE HYDROCHLORIDE, D-CALCIUM PANTOTHENATE, MALTODEXTRIN, ZINC GLUCONATE, THIAMIN MONONITRATE, RIBOFLAVIN, MANGANESE SULFATE, CHROMIUM AMINO ACID CHELATE, TRIBORON CITRATE, COPPER GLUCONATE, METHYLCOBALAMIN, VITAMIN A ACETATE, VITAMIN D3, SODIUM SELENITE, SODIUM MOLYBDATE), GLUCOSAMINE HYDROCHLORIDE, NATURAL AND ARTIFICIAL CHOCOLATE FLAVORS, DIGESTIVE ENZYME BLEND (DIGESTIVE ENZYMES (AMYLASE, BROMELAIN, LACTASE, CELLULASE, LIPASE), MALTO-DEXTRIN (WAXY MAIZE), POTATO DEXTRIN, CALCIUM CARBONATE, DICALCIUM PHOSPHATE, SILICON DIOXIDE, SODIUM BENZOATE), METHYLSULFONYLMETHANE, DRIED CREAM EXTRACT (MALTODEXTRIN, NATURAL CREAM FLAVOR), NATURAL FLAVOR, BETAIN ANHYDROUS, GUAR GUM, MIXED TOCOPHEROLS POWDER (TAPIOCA STARCH, MIXED TOCOPHEROLS, WATER), L-PROLINE, CITRIC ACID, MALIC ACID, NATURAL AND ARTIFICIAL VANILLA FLAVORS, POMEGRANATE FRUIT POWDER, L-THEANINE, ACETYL-L-CARNITINE HYDROCHLORIDE, INOSITOL, FLAX SEED POWDER, COENZYME Q10, L-CITRULLINE, ALOE VERA LEAF, ALPHA LIPOIC ACID, STEVIA LEAF EXTRACT, TAURINE, GRAPE SEED EXTRACT, POLICOSANOL. CONTAINS MILK.

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How to take Tikva: Stir 1 scoop of Tikva into 12 ounces of liquid (more or less to taste).

Cautions: Consult with your doctor if you are taking vasodilators (such as nitroglycerin, Viagra™, Cialis®, or Levitra®, etc.), taking anticoagulants (such as warfarin, Coumadin®, or heparin, etc.), are diabetic, suffer from kidney, liver, or Crohn's disease, rheumatoid arthritis, or genital herpes.**

Do not take this product: If you are pregnant, lactating, have brain or ocular herpes, Wilson's disease, are a hemophiliac or are under 23 years of age. **

Special Notes: Discontinue use of this product 2 weeks prior to surgery as this product contains natural blood thinning ingredients.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.